



## **MICROBLADING PRE- & POST PROCEDURE**

Apply ointment such as Aquaphor, A&D or Vaniply immediately after the treatment. **Do not wet** the area for 8 to 10 days and avoid exposure to hot steam. Apply a thin layer of ointment onto your eyebrows 3-4 times a day for 7 days. This assists in the promotion of healing and helps to seal in the pigment.

Do not use any Retin-A or Glycolic Acids for 7 days before or after procedure.

Do not take aspirin, NSAIDS or other over the counter blood thinning products for 7 days before.

Do not use Peroxide or Neosporin on ANY areas.

Do not scrub or pick treated areas.

Do not expose area to sun or tanning beds.

Avoid facials, swimming, and/or whirlpools for 7 days after procedure.

Do not dye, shave or tweeze eyebrows 7 days before or after procedure.

### **Healing Schedule**

It will take up to 6 weeks until a final result can be affirmed.

Day 1: Some swelling, eyebrows will appear up to 50% darker and more intense in color. This is due to pigment implanting in the upper layer of the epidermis which will eventually flake off.

Day 2-3: The eyebrows will begin to scab, and hair strokes feel somewhat raised when touched. Some experience itching as the skin starts to heal itself. It is critical that you do not pick or scratch the eyebrows as this will impact pigment retention (The strokes may heal in patches).

Day 4-7: Scabbing and eventual flaking of the eyebrows will occur until they no longer feel raised. The itching sensation should be minimized once the skin has fully exfoliated. You may be concerned that there is little color retention at this point due to masking by the epidermal layer of the skin.

Day 8-40: The pigment implanted in the upper dermis will solidify and a touch up of the eyebrows can be undertaken at the 6-week point. Assess where additional hair strokes or pigment adjustments are required.

**PLEASE DO NOT HESITATE TO CALL IF YOU HAVE ANY QUESTIONS**