



ELECTROLYSIS PRE- & POST PROCEDURE

Pre-Treatment

Things to avoid at least 4 HOURS BEFORE TREATMENT:

- Caffeine
- Sugar
- Salt

These may make you more sensitive to their treatment.

Post-Treatment

After electrolysis treatments, your hair follicles are open for 48 hours. It is important that you do not touch treated area to avoid bacteria getting in. Also, it is a good idea to ice for 5-10 minutes on treated area. This can help in calming the treated area and closing the hair follicle. To avoid this please follow the instructions listed:

1. Avoid exposure to sun for 48 hours
2. Only medicated makeup should be applied to treated areas if necessary.
3. No deodorant for 48 hours after underarm treatment. Use Sea Breeze or Witch Hazel instead
4. Do not pick off scabs if they should appear. This is a natural part of healing process and they will fall off when healing is completed.
5. Antibiotic ointments act as a good barrier if tolerated and will help in healing process. Avoid use of ointment on eyebrow area. (Examples: Bacitracin, Neosporin, Aquaphor)
6. If pustules should appear apply compresses of 1 Tbsp. Epsom salts to 1 qt. warm water. Use a clean cloth, repeat until water is cool, rinse with cool water and apply antibiotic ointment Repeat twice a day.

PLEASE DO NOT HESITATE TO CALL IF YOU HAVE ANY QUESTIONS